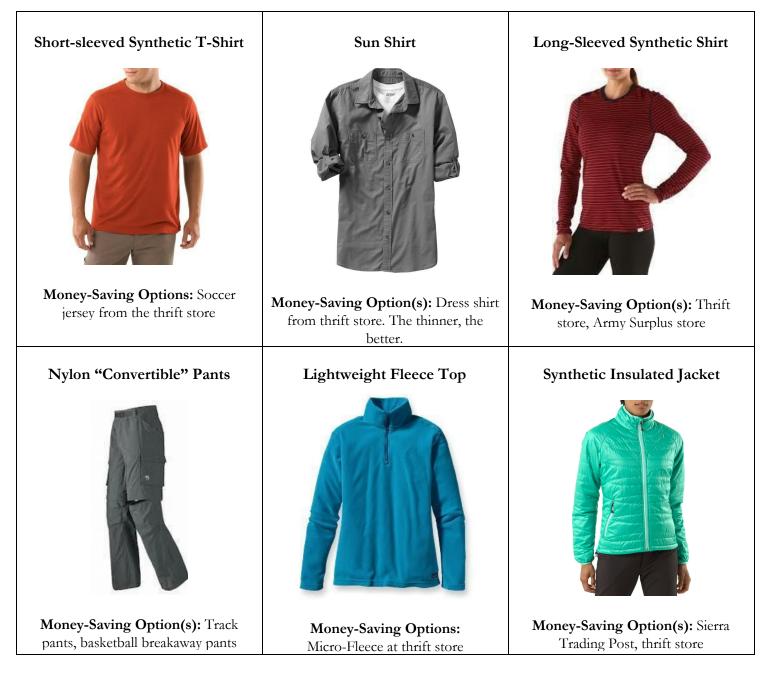


## Equipment "Cheat" Sheet

This list is to simplify the process of getting equipped for your course by adding visual clarity on specific items as well as cost effective alternatives. This list is not exhaustive as there are many great brands and options. It is also **NOT A PACKING LIST.** The most important part is **what material the item is made from**, not its brand name. In general, **avoid cotton/cotton blends and stick to synthetic fabrics like polyester, fleece or natural fibers like silk and wool**. Above all, shop within your budget and keep all receipts and tags intact. In addition to thrift stores, bargain outlets like <u>sierratradingport.com</u>, <u>steepandcheap.com</u> and <u>campmor.com</u> are great resources for finding a deal!



## **OUTWARD** BOUND

